

# Roll For Healing

## Teens 13-18

Using a therapeutic spin on the classic tabletop roleplaying game Dungeons and Dragons, we will work on building friendships, our social skills with peers, self-esteem, and confidence. Collaborative gaming will help us improve problem-solving skills and turn-taking with others, improve our collaborative mindset, and promote growth in accepting limits. Most of all, we want to have FUN!

\*No experience necessary. We will learn together.

Your Dungeon  
Masters:

*Sadie Spooner*

MA, NCC, LPC

&

*Eric Polacek*

BS Psychology

*Mondays*

4:00 - 6:00

**Jan 8 - Mar 18**

*(11 Weeks)*

We will meet at  
5900 Monona Drive from

**Jan 8 - Jan 29**

We will meet at our  
New Location

3101 Latham Drive

**Feb 5 - Mar 18**

**COST:** \$45/session

OR: \$405 if paid in full before the first session

*No one should be excluded due to cost. Please contact us if you think you may be eligible for our sliding scale fee.*



\*\*For a positive experience for all participants, we ask that applicants are able to read and write, have little to no issues with aggression or elopement, and are able to self-regulate while participating in this group setting.

**CCS Consumers:**

*Contact your SF to enroll*

**Quartz Insurance:**

*Your insurance may cover these sessions.  
contact your provider for more info*



**EC** ELITE COGNITION  
MENTAL HEALTH