

# Roll For Healing - Teens:

Play Therapy DnD Style Group

Ages 14-17

Using a therapeutic spin on the classic tabletop roleplaying game Dungeons and Dragons, we will work on building friendships, our social skills with peers, self-esteem, and confidence. Collaborative gaming will help us improve problem-solving skills and turn-taking

with others, improve our collaborative mindset, and promote growth in accepting limits. Most of all, we want to have FUN! \*No experience necessary. We will learn together.

# Join Dungeon Masters

<u>Sadie Spooner</u> MA, NCC, LPC & <u>Eric Polacek</u> BS Psychology, as they facilitate your weekly game (group)

# When:

Thursdays 4:00 – 6:00 p.m. Sept. 14<sup>th</sup> to Dec. 21<sup>st</sup>, 2023 (14 weeks/First Quarter) (No group Nov. 16)

### Where:

Elite Cognition Office (Water Tower Place) 5900 Monona Drive, Suite 102 Monona WI 53716

## Cost:

\$45/week or \$585, if paid in full prior to the first session. Materials are included in fees.

CCS consumers contact your Service Facilitator!

Quartz Insurance *may* cover this group. Feel free to reach out for more information.

\*\*No one should be excluded due to cost. Please contact us to see if you are eligible for our sliding scale fees.

# To Register:

Registration form (on back of flier) can be returned to our office or contact info@elitecognitionllc.com for a digital copy or more information.

Enrollment will be confirmed upon receipt of the registration form.

Once the group fills, we will start a waiting list.

\*\*For a positive experience for all participants, we ask that applicants are able to read and write, have little to no issues with aggression or elopement, and are able to self-regulate while participating in this group setting.



