



# Roll For Healing:

*Play Therapy DnD Style Group  
for Pre-Teens Ages 10-13*



Using a therapeutic spin on the classic tabletop roleplaying game Dungeons and Dragons, we will work on building friendships, our social skills with peers, self-esteem, and confidence. Collaborative gaming will help us improve problem-solving skills and turn-taking with others, improve our collaborative mindset, and promote growth in accepting limits. Most of all, we want to have FUN!

\*No experience necessary. We will learn together.

## **Join Dungeon Masters**

Sadie Spooner MA, NCC, LPC &  
Eric Polacek BS Psychology, as they  
facilitate your weekly game (group)

## **When:**

Mondays 4:00 – 6:00 p.m.  
Sept 11<sup>th</sup> to Dec. 18<sup>th</sup>, 2023  
(15 weeks/First Quarter)

## **Where:**

Elite Cognition Office (Water Tower Place)  
5900 Monona Drive, Suite 102  
Monona WI 53716

## **Cost:**

\$45/week or \$630 if paid in full prior to  
first session. Materials are included in fees.

CCS consumers contract your Service Facilitator!  
Elite Staff will communicate action steps and  
hours needed with SF, upon registration receipt.

Quartz Insurance *may* cover this group. Feel free  
to reach out for more information.

*\*\*No one should be excluded due to cost. Please contact  
us to see if you are eligible for our sliding scale fees.*

## **To Register:**

Registration form can be returned to our  
office, or contact [info@elitecognitionllc.com](mailto:info@elitecognitionllc.com)  
for a digital copy or more information.

Enrollment will be confirmed upon receipt of  
the registration form. Once the group fills, we  
will start a waiting list.

Former participants are welcome to register for  
another session. We love the opportunity to  
continue growth!

*\*\*For a positive experience for all  
participants, we ask that applicants are  
able to read and write, have little to no  
issues with aggression or elopement, and  
are able to self-regulate while participating  
in this group setting.*

